

VEGETARIAN & VEGAN

Want a salad with a bit of wow factor? These best salads in Hong Kong taste delicious and look good

by Carly Wu • 22 Jul 2024



Looking for the best salads in Hong Kong? You'll be amazed by how these restaurants craft tasty and healthy bowls of goodness.

Not only are there endless options for [vegetarian restaurants](#) and [raw vegan food](#) in town, we've also scouted the best places (and [restaurants with vegan options](#)) to indulge in Buddha bowls and other great veggie dishes. Whether you're a meat eater looking for a fresh start, or a vegan who simply adores perfectly roasted sweet potatoes, the salads at these 21 cafes and restaurants in Hong Kong will delight your palate and fill you up.

Wondering where to get the best salads in Hong Kong? We got you!

1. SpiceBox Organics





If you're scouting for a refreshing summer dish, SpiceBox Organics has you covered (Photography: SpiceBox Organics via Facebook)

SpiceBox Organics is a go-to for health-conscious peeps to do their grocery shopping and stock up their pantries with superfoods and condiments. Offering a selection of fresh food items, such as vegan lasagne, baked samosas and the signature tempeh burger, the salads at SpiceBox Organics are also not to be missed. Definitely light, tangy and filling!

Read our [full review of SpiceBox Organics](#).

SpiceBox Organics has branches across Hong Kong.